



## Workshop Information:

### Part One

July 17, 2013. 7pm-9pm

### Part Two

Aug 14, 2013. 7pm-9pm

### Cost:

\$65 per workshop, non-LDAYR members  
\$50 per workshop, LDAYR members  
(A 15% discount will be offered to  
participants attending more than one  
workshop)

(A 50% discount is offered to spouses)

To register, please contact

LDA-York Region  
11181 Yonge Street  
Richmond Hill, Ontario  
(905) 884-7933 EXT. 23  
or [info@ldayr.org](mailto:info@ldayr.org)

Workshop fees are transferable  
but non-refundable.

## LDAYR Summer Workshop Series for Parents

### Understanding Executive Function: A two part workshop series

Executive Functions are the brain processes that enable us to regulate the world around us, utilizing organizational and higher-order learning skills. Research demonstrates that Executive Function is a better predictor of school performance than a student's IQ. Development of these skills are essential for success in school and later in life.

These workshops are designed for parents, guardians and caregivers of children and young adults who struggle with Executive Function Disorder.

#### PART ONE: Understanding Executive Function

This workshop will help parents, guardians and caregivers of students with Executive Function deficits better understand:

- What are Executive Functions
- The impact of Executive Function deficits; academic, social and emotional
- How to coach someone with Executive Function deficits
- The impact of Executive Function at home and in school
- Effective strategies to support and manage individuals with Executive Function deficits

#### PART TWO: Executive Function and ADHD

This workshop will help parents, guardians and caregivers of students with Executive Function and ADHD deficits better understand:

- What are ADHD and self-regulation
- The symptoms of ADHD
- How ADHD and self-regulation are linked to Executive Function
- How ADHD impacts Executive Function
- Current science-based research information about ADHD
- Strategies that help

**Speaker: Denise Harding** ([www.evokedlearning.ca](http://www.evokedlearning.ca))

Denise Harding is a certified and professional academic coach at Evoke Learning and a consultant with the Learning Disabilities Association of York Region.

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[www.ldayr.org](http://www.ldayr.org)