



## Workshop Information:

Friday, March 22, 2013

Cost: \$65 non-LDAYR members  
\$50 LDAYR members  
Spouse 50% off

Location:  
York Catholic District School Board  
320 Bloomington Road West,  
Aurora

4-8pm – Assistive Technology Fair,  
Sponsored by  
Microcomputer Science Centre

6-7:30pm – Workshop, Developing  
Self-Regulated Learners

Sponsored By:  
Microcomputer Science Centre Inc.



[www.evokelearning.ca](http://www.evokelearning.ca)

Workshop fees are transferable  
but non-refundable.

### **Developing Self-Regulated Learners** *a workshop for parents and teachers*

Self-regulation is the process of taking control of and evaluating one's own learning behaviour. Self-regulated learners have a greater awareness of their academic strengths and challenges and a tool kit of strategies they use to tackle the day-to-day challenges of academic tasks. Students who have developed self-regulation skills are more open to taking on challenging tasks, practice their learning, develop a deep understanding of subject matter, and believe that effort will give rise to academic success (Perry et al., 2006).

This workshop will help teachers and parents better understand academic self-regulation, how to teach self-regulation, and highlight strategies that help shift responsibility for learning from the adult to the student.

#### **This workshop will address:**

- How do effective students learn on their own
- What techniques effective students use to read, study, write and prepare for examinations
- What are the principals of self-regulated learning
- How to teach self-regulation
- How we can help students with self-regulating problems
- How self-regulation skills are useful for all students, not just those experiencing academic difficulties

#### **Speaker: Denise Harding**

Denise Harding is a professional academic coach at Evoke Learning and a consultant with the Learning Disabilities Association of York Region.

Email: [info@ldayr.org](mailto:info@ldayr.org)

[www.ldayr.org](http://www.ldayr.org)

905-884-7933 ext 23