

Workshop Information:

Saturday, November 3, 2012
10am-12pm

Cost:
\$65 non-LDAYR members
\$50 LDAYR members

LDA-York Region
11181 Yonge Street
Richmond Hill, Ontario
(905) 884-7933 EXT. 23

Workshop fees are transferable
but non-refundable.

Parenting the Child with Executive Function and ADHD Challenges

Life with a child with ADHD and/or executive function challenges can be frustrating and overwhelming, but as a parent there is a lot you can do to help control and reduce the symptoms. You can help your child overcome daily challenges, channel his or her energy into positive arenas, and bring greater calm to your family. The earlier and more consistently you address your child's challenges, the greater chance they have for success. Children with ADHD often have deficits in executive function: the ability to think and plan ahead, organize, control impulses, and complete tasks. As a parent, this means you may need to provide extra guidance while your child gradually acquires executive skills of his or her own.

This workshop will answer many questions parents have about executive function and ADHD and help parents understand:

- what exactly is ADHD and executive function and how they are connected
- current ADHD and Executive Function research
- the myths and facts about ADHD and executive function challenges
- how ADHD and executive function deficits impact academic performance
- the social and emotional impact of ADHD and executive function disorder
- ADHD, executive function challenges and your child's IEP
- strategies that help